

## WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17<sup>th</sup> century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it's the ultimate escape to enjoy sensational food, wine, and real beers.



## TEAM of THE WEEK

### IN THE KITCHEN

The Head of Kitchen Elvis aka THE LEGEND  
Head Chef Florin aka CHEF

### SERVING YOU

Nori / Dan / Claudiu / Alex

## DINNER MENU

### START

Jersey Local Scallops  
Cauliflower Puree, Avocado,  
Chorizo Bites (f) (d)  
£12

Marinated Red Beetroot  
Tofu, Olives, Pumpkin Seeds (vg)  
£10

Smoked Salmon and Prawn Cocktail  
Guacamole And Beetroot Crisps (w) (f) (d)  
£12

Spiced Pork Bon Bons  
Apple Salad & Chutney (w)(e)  
£10

Antipasto  
Cured Meats, Olives, Figs, Sundried Tomato  
Rocket & Parmesan (w) (d)  
£10

### SIDES

Triple Cooked Hand Cut Chips  
£4.5

Stone Baked Flat Bread With Dips Of The Day  
£4.5

Onion Rings (w) (e)  
£4.5

Mixed House Salad (ms)  
£4.5

Belgian Fries  
£4.5

Sweet Potato Fries  
£4.5

### MAINS

#### SHEELIN BEEF

All Served With Roasted Wild Mushrooms, Hand Cut Chips, Watercress, Cherry Tomato, Béarnaise Sauce. (d) (e) (w)

FILLET - £28 RIBEYE - £26

#### CHATEAUBRIAND (SHARING FOR 2)

Flat Cap Mushroom, Cherry Tomato, Onion Rings, Chunky Chips, Rocket & Parmesan Salad, Peppercorn/Bearnaise Sauce (d) (e) (w)  
£70

(Not) Fish And Chips  
Pan Roasted Local Plaice, Tartare Sauce, Mashed Peas  
Jersey Royal Croquettes, Batter Scraps (s) (f) (w)  
£16

Catch of the Day  
Seasonal Vegetables, New Potato, Lemon Capper  
Butter Sauce (d) (f)  
£18

Jersey Crab Linguini  
Ginger, Lime, Garlic, Parmesan (w) (s)  
£18

1/2 Lobster Salad  
Atlantic Prawns, Mixed Leafs  
Marie Rose Sauce (f) (d)  
£20

Pork Belly  
Black Pudding, Carrot, Jersey Royals, Baby Broccoli  
Scratchings, Pork Jus (w) (e)  
£16

Roast Chicken  
Petite Pois A La Francais, Lettuce, Carrot, Jersey Royals  
Mushroom Sauce (d) (w)  
£16

Oven Baked Goat Cheese Salad  
Pear & Walnut Salad, Balsamic Oil (w) (n)  
£15

Stir Fry Glass Noodles  
Jackfruit, Soy Sauce  
Sesame Oil (soy) (w)  
£16

### DESSERT

Praline Chocolate Brownie  
Vanilla Ice Cream (gf)  
£7

Traditional Creme Brulee  
Short Bread Biscuit (e)(w)(d)  
£7

Churros and Velvet Chocolate  
Ice Cream (d)(w)  
£7

Selection of Jersey Ice Cream (d)  
£7

Selection Of Local And French Cheeses  
Palate Cleansers, Crackers, Truffle Honey (d)  
£12

### → WHEN ←

#### KITCHEN OPENING TIMES

Monday to Saturday  
12pm – 2.30pm  
6pm – 9pm

Sunday  
Closed

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#### Follow us

@labastillejersey

**We'd Love To Hear From You**



There are nuts used in the Bastille kitchen.  
Please make staff aware if you have any allergies  
or special dietary requirements.

A discretionary 10% service charge  
will be added to your bill