

## WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17<sup>th</sup> century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it's the ultimate escape to enjoy sensational food, wine, and real beers.



## LUNCH MENU

## TEAM of THE WEEK

IN THE KITCHEN  
The Boss Elvis aka THE LEGEND  
Head Chef Florin

King Prawn & Chorizo  
Garlic & Bread (w)(f)  
4 p.p.  
£11.95

Marinated Chicken Wings  
Sriracha Spicy Sauce (d)  
9 p.p.  
£9.95

Honey Bbq Chicken Wings  
Bbq Dip (d)  
9 p.p.  
£9.95

Deep Fried Goat Cheese  
Mixed Leaf & Chili Jam Mayo (w)(n)(d)  
£9.95

Pork Bonne Bon  
Apple Salad & Spicy Chilli Mayo (w)(e)  
£9.95

Calamari Rings  
Beer Butter with Rocket & Garlic Mayo (w)(s)(d)  
£8.95

Beetroot Salad  
Tofu Cheese, Pumpkin Seeds & French Dressing (vg)  
£8.95

Crispy Pan Fried Vegetables Gyoza (dumplings) (w)(e)  
or  
Crispy Pan Fried Pork Gyoza (dumplings) (w)(e)  
£8.95

Fillet of Sea Bream  
Mix Vegetables, Capers Butter Sauce & New Potatoes (d)(f)  
£15.95

Crab Linguini  
With Chili, Parmesan, Garlic (w)(s)  
Ginger  
£16.95

King Prawns & Marinated Beef Skewers  
Mixed Salad & Skinny Fries (s)(soy)  
£17.95

Chicken Caesar Salad  
Baby Gem Lettuce, Anchovies, Croutons, (w)(d)(e)  
Parmesan, Poached Egg  
£11.95

## SOMETHING MORE

Our Famous Spiral Croissant Bun  
Made With Copious Amounts Of French Butter All Served With Skinny Fries

Fillet - £12.95 (w)(ms)      Ribeye £11.95 (w)(ms)

Jersey Beef Burger/Chicken Burger  
Served On Our Famous Croissant Bun With Smoked Mayo, Gem Lettuce,  
Tomato Fondue, Jack Cheese And Skinny Fries (w)(d)(e)  
£12.95/£11.95

Pork Belly  
Seasonal Vegetables, Black Pudding & Pork Juice (w)(e)  
£15.95

Traditional Fish And Chips  
Beer Butter Cod, Mashed Peas, Tartare Sauce, (w)(f)  
Lemon & Chips  
£14.95

Dry Aged Fillet of Beef  
Flat Cap Mushroom, Cherry Tomato, Handcut Chips,  
Béarnaise, Watercress (w)(ms)  
£28

Dry Aged Rib Eye  
Flat Cap Mushroom, Cherry Tomato, Handcut Chips,  
Béarnaise, Watercress (w)(ms)  
£26

Oven Baked Goat Cheese  
Pear & Walnuts Salad, Balsamic (w)(n)(d)  
Vinegar  
£15.95

## SIDES

Triple Cooked Chunky Chips  
£4.5

Stone Baked Flat Bread With Dips of the day  
£4.5

Onion Rings  
£4.5

Sweet Potato Fries  
£4.5

Mixed Salad  
£4.5

Belgian Fries  
£4.5

Classic Marguerita Pizza  
Tomato Fondue, Mozzarella, Basil Oil (w)(d)  
£11/10"

Pepperoni Pizza  
Tomato Fondue, Pepperoni, Mozzarella, Basil Oil (w)(d)  
£11/10"

Mushroom Pizza  
Tomato Fondue, Mushrooms, Rocket, Basil Oil (w)(d)  
Mozzarella  
£11/10"

## DESSERT

Traditional Creme Brulee  
Short Bread Biscuit (e)(w)(d)  
£7

Praline Chocolate Brownie  
Mixed Strawberry (gf)  
£7

Churros & Velvet Chocolate (w)(d)  
Ice Cream (d)(w)  
£5.95

## KIDS MENU

Tomato Pasta £5.95  
Chicken Nuggets & Skinny Fries £5.95  
Fish Goujons & Vegetables £5.95  
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We'd Love To Hear From You

