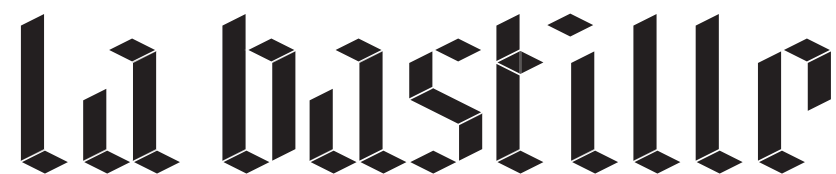


WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17th century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it's the ultimate escape to enjoy sensational food, wine, and real beers.



DINNER MENU

TEAM of THE WEEK

IN THE KITCHEN

The Head of Kitchen Elvis aka THE LEGEND

Head Chef Florin aka CHEF

Sous chef : Madalin

SERVING YOU

Nori / Dan / Claudiu / Alex

START

Jersey Mackerel Fillet
Chimichurri Soup, Compressed Cucumber,
Chilli Oil (f) (d)
12

Marinated Red Beetroot
Tofu, Olives, Pumpkin Seeds (vg)
10

Smoked Salmon and Prawn Roulade
Beetroot Crisps And Orange Bites (w) (f) (d)
12

Spiced Pork Bon Bons
Apple Salad & Chutney (w)(e)
10

Antipasto
Cured Meats, Olives, Figs, Sundried Tomato
Rocket & Parmesan (w) (d)
10

SIDES

Triple Cooked Hand Cut Chips
4.5

Stone Baked Flat Bread With Dips Of The Day
4.5

Onion Rings (w) (e)
4.5

Mixed House Salad (ms)
4.5

Belgian Fries
4.5

Sweet Potato Fries
4.5

MAINS

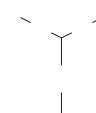
SHEELIN BEEF

All Served With Roasted Wild Mushrooms, Hand Cut Chips, Watercress, Cherry Tomato, Béarnaise Sauce. (d) (e) (w)

FILLET - 28 Ribeye - 26

CHATEAUBRIAND (SHARING FOR 2)

Flat Cap Mushroom, Cherry Tomato, Onion Rings, Chunky Chips, Peppercorn/Bearnaise Sauce (d) (e) (w)
60



(Not) Fish And Chips
Pan Roasted Local Plaice, Tartare Sauce, Mashed Peas
Jersey Royal Croquettes, Batter Scraps (s) (f) (w)
16

Catch of the Day
Seasonal Vegetables, New Potato, Lemon Capper
Butter Sauce (d) (f)
18

Jersey Crab Linguini
Ginger, Lime, Garlic, Parmesan (w) (s)
18

Confit Du Canard
Duck Leg Confit, Roasted Potatoes, Kale
Truffle Oil, Orange & Berries Sauce (s) (d) (ms)
£18

Pork Belly
Black Pudding, Carrot, Jersey Royals, Baby Broccoli
Scratchings, Pork Jus (w) (e)
16

Roast Chicken
Petite Pois A La Francais, Lettuce, Carrot, Jersey Royals
Mushroom Sauce (d) (w)
16

Oven Baked Goat Cheese Salad
Pear & Walnut Salad, Balsamic Oil (w) (n)
15

Stir Fry Glass Noodles
Jackfruit, Soy Sauce
Sesame Oil (soy) (w)
16

DESSERT

Praline Chocolate Brownie
Vanilla Ice Cream (gf)
7

Traditional Creme Brulee
Short Bread Biscuit (e)(w)(d)
7

Churros and Velvet Chocolate
Ice Cream (d)(w)
7

Selection of Jersey Ice Cream (d)
7

Selection Of Local And French Cheeses
Palate Cleansers, Crackers, Truffle Honey (d)
12

→ **WHEN** ←

KITCHEN OPENING TIMES

Monday to Saturday
12pm – 8.00pm

Sunday
Closed

+++++

Follow us

@labastillejersey

We'd Love To Hear From You



There are nuts used in the Bastille kitchen.
Please make staff aware if you have any allergies
or special dietary requirements.

A discretionary 10% service charge
will be added to your bill