

WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17th century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it's the ultimate escape to enjoy sensational food, wine, and real beers.



DINNER MENU

TEAM of THE WEEK

IN THE KITCHEN

Head Chef Florin

Sous Chef Denis

SERVING YOU

David/Jewel/Andy

START

Pan Fried Local Scallops

Jersey Scallops, Sweet Drop Peppers, Wattercross, Cauliflower Pure (d)(sf)

£12

King Prawn & Chorizo

Garlic Butter, Spring Onion, Parsley, Bread (w)(d)(sf)

£12

Crab Salad

Mix Salad, Sweetcorn, Avocado, Seeds, French Dressing (ms)(sf)(n)(se)

£12

Spicy Pork Bon Bon

Slow Cooked Pork, Sriracha Sauce, Apple Bits, Micro Leaf (w)(e)

£11

Caprese Salad

Heirloom Tomatoes, Mozzarella Bowl, Basil Oil (d)(ms)

£10

Avocado & Cheese Salad (vv)(df)

Avocado, Vegan Cheese, Mix Leaf, Pumpkin & Sesame Seeds, Sweetcorn (se)(n)(w)

£11

All our dishes are created in our kitchen which uses ingredients containing nuts, peanuts, gluten, fish, molluscs, seafood, milk, egg, other dairy products, celery, sesame, mustards seeds and sulphites.

(w) Wheat, (d) Dairy, (p) Peanuts, (sf) Shellfish, (e) Egg (f) Fish, (m) Molluscs, (n) Nuts, (c) Celery, (ms) Mustard, (ss) Sesame, (sh) Sulphites, (sb) Soybean

MAINS

SHEELIN COUNTRY BEEF

Hung For 21 Days For Maturity And Tenderness, All Served With Roasted Wild Mushrooms, Hand Cut Chips, Cherry Tomatoes, Peppercorn Sauce / Garlic Butter (d)(e)(w)

Fillet - £30 Ribeye - £28

CHATEAUBRIAND (sharing for 2) - £75

Roasted Wild Mushrooms, Hand Cut Chips, Cherry Tomatoes, Rocket & Parmesan Salad, Peppercorn Sauce / Garlic Butter (d)(e)(w)

Add King Prawns - £5

(NOT) Fish & Chips

Pan Roasted, Local Plaice Foraged Sea Herb Tartare Sauce, Pea Purée, Potato Croquette, Batter Scraps(f)(w)(d)

£20

Line Caught Local Bass

Jersey Royals, Sesonal Vegetables, Saffron Sauce (f)(d)(sf)(m)

£20

Scallops & King Prawns Salad

Mix Leaves Salad, Tomatoes, Cucumber, Lemon, French Dressing (ms)(w)(d)(sf)

£20

Jersey Crab Linguine

Fresh Lime, Chilli, Garlic Parmesan (s)(d)(w)

£20

Chicken/Vegetables Katsu Curry

Chicken/Vegetables in Katsu & Curry Sauce, Rice, Shredded Ginger (sb)(w)(e)

£18/£16

Duck Breast Teriyaki

French Duck Breast, Pak Choi Leaves, Courgette, Sesame Seeds (sb)(ss)(d)(ms)

£22

Crispy Pork Belly Roll

New Potatoes, Heritage Carrots, Baby Broccoli, Red Wine Jus (d)(c)(sh)

£20

Panko Crispy Chicken Burger

Tomato Relish, Spicy Mayo, Baby Gem Lettuce, Gherkins Skinny Fries (w)(d)(ms)

£16

Oven Baked Goat Cheese Salad

Mix Salad, Walnuts, Pear, Balsamic Vinegar (m)(n)(d)

£18

Crispy Gnocchi & Sun Blushed Tomatoes(vv)

Gnocchi Tossed with Sun Blushed Tomatoes, Vegan Cheese, Spinach & Oil (w)

£18

DESSERT

Vanilla Creme Brulee

Home Made Short Bread Biscuits(d)(e)(w)

£9

Churros

Ice Cream & Dip Chocolate Sauce(d)(w)(e)

£9

Vegan Praline Chocolate Brownies

Ice Cream(gf)(vv)(w)

£9

Orange Panacotta

Strawberry Compote (d)

£9

Selection Of Local And French Cheeses

Palate Cleansers, Crackers, Truffle Honey(d)(w)

£14

Selection Of Jersey Ice Cream (d)

£8

→ SIDES ←

Triple Cooked Chunky Chips

add Truffle and Parmesan £1

£5

Belgian Fries

£5

Onion Rings (w)(e)

£5

Sweet Potato Fries

£5

Rocket & Parmesan Salad(m)(d)

£5

Mixed Salad (m)

£5



KITCHEN OPENING TIMES
Monday to Saturday
12.00pm - 2.15pm
6.00pm - 8.30pm
Sunday & Bank Holidays Closed

Follow us : @labastillejersey @chef_florin
We'd Love To Hear From You
info@labastille.bar
tel : +441534874059

There are nuts used in the Bastille kitchen.
Please make staff aware if you have any allergies
or special dietary requirements.

A discretionary 10% service charge
will be added to your bill