

WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17th century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it’s the ultimate escape to enjoy sensational food, wine, and real beers.



LUNCH MENU

TEAM of THE WEEK

IN THE KITCHEN

Head Chef Eddie
Sous Chef Carlos

SERVING YOU

Anderson/David/Jewel/Jamar

Crispy Squid

Sriracha Mayo
Rocket, Pomegranate (w)(s)(e)(ms)
£14

Halloumi Salad (Veg)

Mixed Leafs, Sweetcorn, Seeds
Pomegranate, French Dressing (ms)(ss)(n)(d)
£13

Pulled Pork Ciabatta

Slow Roasted Pulled Pork, Served,
Olive Bread, Mixed Salad(d)(w(e)(ms)
£14

Oven Baked Goat Cheese

Pear & Walnuts Salad,
Balsamic Vinegar (ms)(n)(d)
£14

All our dishes are created in our kitchen which uses ingredients containing nuts, peanuts, gluten,fish molluscs, seafood, milk, eggs, other dairy products celery, sesame, mustard seeds and someproducts that may contain sulphites.

Please make staff aware if you have any allergies or special requirements.

- (w) Wheat
- (d) Dairy
- (p) Peanuts
- (sf) Shellfish
- (e) Egg
- (f) Fish
- (m) Molluscs
- (n) Nuts
- (c) Celery
- (ms) Mustard
- (ss) Sesame
- (sh) Sulphites
- (sb) Soybean

Crab Linguini

With Chili, Parmesan, Garlic (w)(sf)(d)
Ginger, Fresh Lime
£24

Chicken/Prawn Caesar Salad

Baby Gem Lettuce, Anchovies, Croutons, (w)(d)(e)(ms)(sf)
Parmesan, Poached Egg
£18/£20

SOMETHING MORE

SHEELIN COUNTRY BEEF

Hung For 21 Days For Maturity And Tenderness, All Served With Roasted Flat Cap Mushroom, Hand Cut Chips, Cherry Tomatoes, Peppercorn Sauce/ Garlic Butter Sauce(d)(w)

Fillet - £35 Ribeye -£34

Add King Prawns - £5 (sf)

Jersey Beef Burger/Chicken Burger/Halloumi Burger

Burger Bun With Mayo, Gem Lettuce, Tomato Fondue, Jack Cheese And
Skinny Fries (w)(d)(e)(ms)
£18

Crispy Chicken Schnitzel

Rocket, Parmesan, Caper Butter Sauce
Skinny Fries(w)(d)(ms)(e)
£20

Traditional Fish And Chips

Beer Battered Cod, Mashed Peas, Tartare Sauce
Lemon & Chips (w)(f)(d)(e)
£19

Fillet of Sea Bream

Mixed Vegetables, Saffron Sauce
New Potatoes (d)(f)(m)(sf)
£24

SIDES

Triple Cooked Chunky Chips (Veg)

add Truffle and Parmesan £1 (d)
£7

Belgian Fries (Veg)

£6

Onion Rings (w)(e)

£7

Sweet Potato Fries (Veg)

£7

Rocket & Parmesan Salad(d)(ms)

£6

Mixed Salad (ms)

£6

KIDS

Tomato Pasta (w)(d)

£10

Chicken Nuggets & Fries (w)(d)(e)

£10

Fish & Chips (f)(w)(d)(e)

£10

DESSERT

Creme Brulee

Home made Short Bread (d)(e)(w)
£12

Churros

Ice Cream & Dip Chocolate Sauce(d)(w)(e)
£12

Vegan Praline Chocolate Brownies

Served with Ice-Cream(VV)(gf)(w)(n)
£12

Selection Of Local And French Cheeses

Palate Cleansers, Crackers, Truffle Honey(d)(w)
£16

Selection Of Jersey Ice Cream (d)

£12

Cheescake Fix

Sweet, Creamy & Slighty
Unpredictable (d)(w)
£12

Follow us

@labastillejersey
info@labastille.bar

We’d Love To Hear From You

PRICE INCREASE NOTICE: Please note, effective immediately, there will be a price increase to our menus, due to increased costs from our suppliers. We appreciate your continued support. Thank you.



A discretionary 10% service charge will be added to your bill.

KITCHEN OPENING TIMES
Mon to Sat. Sunday & Bank Hoidays Closed
12:00pm – 2:15pm
6:00pm – 8:30pm

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DINNER MENU

TEAM of THE WEEK

IN THE KITCHEN

Head Chef Eddie
Sous Chef Carlos

SERVING YOU

Anderson/David/Jewel/Jamar

START

Pan Fried Local Scallops

Jersey Scallops, Sweet Drop Peppers,
Wattercress, Cauliflower Pure (d)(sf)
£14

King Prawn & Chorizo

Garlic Butter, Spring Onion,
Parsley, Bread (w)(d)(sf)
£15

Crab Salad

Mix Salad, Sweetcorn, Avocado, Seeds,
French Dressing (ms)(sf)(n)(se)
£15

Spicy Pork Bon Bon

Slow Cooked Pork, Sriracha Sauce,
Apple Bits, Micro Leaf (w)(e)(ms)
£15

Halloumi Salad (Veg)

Mixed Leafs, Sweetcorn, Sesame Seeds,
Pomegranate, French Dressing (n)(se)(ms)
£13

Avocado & Cheese Salad (V)(df)

Avocado,Vegan Cheese, Mix Leaf,
Pumpkin & Sesame Seeds, Sweetcorn (se)(n)(ms)
£14

MAINS

SHEELIN COUNTRY BEEF

Hung For 21 Days For Maturity And Tenderness, All Served With Roasted Wild Mushrooms, Hand Cut Chips,
Cherry Tomatoes, Peppercorn Sauce / Garlic Butter (d)(w)

Fillet - £35 Ribeye - £34

CHATEAUBRIAND (sharing for 2) - £86

Roasted Wild Mushrooms, Hand Cut Chips, Cherry Tomatoes,
Rocket & Parmesan Salad, Peppercorn Sauce / Garlic Butter (d)(w)

Add King Prawns - £5 (sf)

Salmon Maison

Pan Seared Salmon,
With Lyonnaise Potatoes
And Hollandaise Sauce (f)(d)(e)
£24

Line Caught Local Bream

Jersey Royals, Sesonal Vegetables,
Saffron Sauce (f)(d)(sf)(m)
£24

Scallops & King Prawns Salad

Mix Leaves Salad, Tomatoes, Cucumber, Lemon,
French Dressing (ms)(d)(sf)
£24

Jersey Crab Linguine

Fresh Lime, Chilli, Garlic, Ginger,
Parmesan (s)(d)(w)(sf)
£24

Chicken / Vegetables Katsu Curry

Chicken/Vegetables in Katsu &
Curry Sauce, Aromatic Rice, Shredded Ginger (sb)(w)(e)
£22/£20

Duck Breast Teriyaki

French Duck Breast, Pak Choi Leaves, Courgette,
Jasmine Rice, Seeds (sb)(se)(d)(ms)
£25

Crispy Pork Belly Roll

New Potatoes, Heritage Carrots, Baby Broccoli,
Red Wine Jus (d)(c)(w)
£23

Jersey BeefBurger/Chicken Burger/Halloumi Burger

Burger Bun With Mayo, Baby Gem Lettuce,
Tomato Fondue, Jack Cheese &
Skinny Fries (w)(d)(ms)(e)
£18

Oven Baked Goat Cheese Salad

Mix Salad, Walnuts, Pear, Balsamic Vinegar (n)(d)(ms)
£20

Crispy Gnocchi & Sun Blushed Tomatoes (V)

Gnocchi Tossed with Sun Blushed Tomatoes, Vegan Cheese,
Spinach & Oil (w)
£18

DESSERT

Vanilla Creme Brulee

Home Made Short Bread Biscuits(d)(e)(w)
£12

Churros

Ice Cream & Dip Chocolate Sauce(d)(w)(e)
£12

Vegan Praline Chocolate Brownies

Served with Ice Cream (V)(gf)(w)(n)(d)
£12

Cheescake Fix

Sweet, Creamy & Slightly Unpredictable (d)(w)
£12

Selection Of Local And French Cheeses

Palate Cleansers, Crackers, Truffle Honey(d)(w)
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Selection Of Jersey Ice Cream (d)

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Belgian Fries (Veg)

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Onion Rings (w)(e)

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Mixed Salad (ms)

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(f) Fish, (m) Molluscs, (n) Nuts, (c) Celery, (ms) Mustard, (se) Sesame, (sh) Sulphites, (sb) Soybean.

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