

## WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17<sup>th</sup> century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it's the ultimate escape to enjoy sensational food, wine, and real beers.



## LUNCH MENU

## TEAM of THE WEEK

IN THE KITCHEN  
The Boss Elvis aka THE LEGEND  
Head Chef Florin  
SERVING YOU  
Nori/Cristi/Claudiu/Alex

**Deep Fried Goat Cheese**  
Mixed Leaf & Chili Jam Mayo (w)(n)(d)  
£11.00

**Pork Bonne Bon**  
Apple Salad & Spicy Chilli Mayo (w)(e)  
£11.00

**Beetroot Salad**  
Tofu Cheese, Pumpkin Seeds & French Dressing (vg)  
£10.00

**Wild Mushrooms On Toast (d)(w)(e)**  
Brioche, Creme Fraiche, Poached Egg & Truffle Oil  
£11

**Croque Madame (d)(w)(e)**  
Ham & Cheese & Fried Egg  
£11

All our dishes are created in our kitchen which uses ingredients containing nuts, peanuts, gluten, fish molluscs, seafood, milk, eggs, other dairy products celery, sesame, mustard seeds and some products that may contain sulphites.

(w) Wheat  
(d) Dairy  
(p) Peanuts  
(s) Shellfish  
(e) Eggs  
(f) Fish  
(m) Molluscs  
(n) Nuts  
(c) Celery  
(ms) Mustard  
(soy) Soy

**Crab Linguini**  
With Chili, Parmesan, Garlic (w)(s)  
Ginger  
£19.00

**Chicken Caesar Salad**  
Baby Gem Lettuce, Anchovies, Croutons, (w)(d)(e)  
Parmesan, Poached Egg  
£12.00

## SOMETHING MORE

Our Famous Spiral Croissant Bun  
Made With Copious Amounts Of French Butter All Served With Skinny Fries

Fillet - £14.00 (w)(ms)      Ribeye £14.00 (w)(ms)

**Jersey Beef Burger/Chicken Burger/Vegan Burger**  
Served On Our Famous Croissant Bun With Mayo, Gem Lettuce, Tomato  
Fondue, Jack Cheese And Skinny Fries (w)(d)(e)  
£14.00/£13.00

**Fillet of Sea Bream**  
Mix Vegetables, Capers Butter Sauce & New Potatoes (d)(f)  
£18.00

**Traditional Fish And Chips**  
Beer Butter Cod, Mashed Peas, Tartare Sauce, (w)(f)  
Lemon & Chips  
£14.00

**Oven Baked Goat Cheese**  
Pear & Walnuts Salad, Balsamic (w)(n)(d)  
Vinegar  
£17.00

## SIDES

**Triple Cooked Chunky Chips**  
£4.5

**Stone Baked Flat Bread With Dips of the day**  
£4.5

**Onion Rings**  
£4.5

**Sweet Potato Fries**  
£4.5

**Mixed Salad**  
£4.5

**Belgian Fries**  
£4.5

**Classic Marguerita Pizza**  
Tomato Fondue, Mozzarella, Basil Oil (w)(d)  
£12/10"

**Pepperoni Pizza**  
Tomato Fondue, Pepperoni, Mozzarella, Basil Oil (w)(d)  
£12/10"

**Mushroom Pizza**  
Tomato Fondue, Mushrooms, Rocket, Basil Oil (w)(d)  
Mozzarella  
£12/10"

## DESSERT

**Traditional Creme Brulee**  
Short Bread Biscuit (e)(w)(d)  
£8

**Praline Chocolate Brownie**  
Mixed Strawberry (gf)  
£8

**Churros & Velvet Chocolate (w)(d)**  
Ice Cream (d)(w)  
£7

## KIDS MENU

Tomato Pasta £7  
Chicken Nuggets & Skinny Fries £7  
Fish Goujons & Vegetables £7

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@labastillejersey

**We'd Love To Hear From You**

