

WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17th century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it's the ultimate escape to enjoy sensational food, wine, and real beers.



TEAM of THE WEEK

IN THE KITCHEN

Head Chef Florin

Sous Chef Denis

SERVING YOU

Mihai/Catalina/Cristi/Adrian

LUNCH MENU

LIGHT LUNCH PLATES

Scallops Katsu

Deep Fried Scallops, Panko Bread,
Light Kaatsu Curry, Canary Melon (w)(s)(e)
£12

Mussels Marniere/a la Creme

Shallots, Garlic & Parsley, White Wine/Cream (d)
(m)(sh)
£12

Croque Madame

Brioche Loaf, Ham, Cheese, Fried Egg (d)(w)(e)
£12

Oven Baked Goat Cheese

Pear & Walnuts Salad, Balsamic Vinegar (ms)(n)
£11

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All our dishes are created in our kitchen which uses ingredients containing nuts, peanuts, gluten, fish, molluscs, seafood, milk, egg, other dairy products, celery, sesame, mustards seeds and sulphites.
(w) Wheat, (d) Dairy, (p) Peanuts, (sf) Shellfish, (e) Egg (f) Fish, (m) Molluscs, (n) Nuts, (c) Celery, (ms) Mustard, (ss) Sesame, (sh) Sulphites, (sb) Soybean

There are nuts used in the Bastille kitchen. Please make staff aware if you have any allergies or special dietary requirements.

KITCHEN OPENING TIMES
Monday to Saturday
12.00pm - 2:15pm
6.00pm - 8.30pm
Sunday & Bank Holidays Closed

Crab Linguini

Chilli, Parmesan, Ginger,
Parsley, Garlic (w)(d)(sf)(s)
£19

Chicken/Prawn Caesar Salad

Baby Gem Lettuce, Anchovies, Croutons,
Parmesan, Poached Egg (w)(d)(e)(s)(f)
£14/£16

SOMETHING MORE

SHELIN COUNTRY BEEF

Hung For 21 Days For Maturity And Tenderness, All Served With Roasted Wild Mushrooms, Hand Cut Chips, Cherry Tomatoes, Peppercorn Sauce / Garlic Butter (d)(e)(w)

Fillet - £30

Ribeye - £28

Add King Prawns - £5

Jersey Beef/Chicken/Vegan Burger

Burger Bun, Mayo,
Gem Lettuce, Tomato Fondue Jack Cheese, Fries
£14.95

Fillet/Ribeye Croissant

Mix Leafs, Fries (d)(w)(l)
£16

Traditional Fish & Chips

Beer Battered Cod, Mashed Peas, Tartare Sauce,
Lemon, Chips (w)(f)(d)
£14.95

Fillet of Sea Bass

Mix Vegetables, Saffron Sauce, New Potatoes (d)(f)(m)(l)(sf)
£18.95

SIDES

Triple Cooked Chunky Chips

4.5

Sweet Potato Fries

4.5

Belgian Fries

4.5

Rocket & Parmesan Salad(m)(d)

£4.5

Onion Rings (w)(e)

4.5

Mixed Salad (m)

4.5

KIDS MENU

Tomato Pasta (w)

£7

Chicken Nuggets & Fries (w)(d)(e)

£7

Fish & Chips (f)(w)(d)(e)

£7

DESSERT

Creme Brule

Home made Short Bread (d)(e)(w)
£9

Churros

Ice Cream & Dip Chocolate Sauce(d)(w)(e)
£9

Gluten-Free Brownies

(gf)(VV)
£9

Selection Of Local And French Cheeses
Palate Cleansers, Crackers, Truffle Honey(d)(w)
£14

Selection Of Jersey Ice Cream (d)

£8

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Follow us : @labastillejersey
@chef_florin
We'd Love To Hear From You
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A discretionary 10% service charge will be added to your bill

