

WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17th century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it's the ultimate escape to enjoy sensational food, wine, and real beers.



LUNCH MENU

TEAM of THE WEEK

IN THE KITCHEN
Head Chef Florin
Sous Chef Ionut
SERVING YOU
David/Jewel/Anderson

Crispy Squid

Sriracha Mayo
Rocket, Pomegranate (w)(s)(e)(ms)
£14

Halloumi Salad

Mixed Leafs, Sweetcorn, Seeds
Pomegranate, French Dressing (ms)(ss)(n)(d)
£13

Pulled Pork Ciabatta

Slow Roasted Pulled Pork, Served,
Olive Bread, Mixed Salad(d)(w)(e)(ms)
£14

Oven Baked Goat Cheese

Pear & Walnuts Salad,
Balsamic Vinegar (ms)(n)(d)
£13

All our dishes are created in our kitchen which uses ingredients containing nuts, peanuts, gluten, fish molluscs, seafood, milk, eggs, other dairy products celery, sesame, mustard seeds and some products that may contain sulphites.

Please make staff aware if you have any allergies or special requirements.

(w) Wheat
(d) Dairy
(p) Peanuts
(s) Shellfish
(e) Eggs
(f) Fish
(m) Molluscs
(n) Nuts
(c) Celery
(ms) Mustard
(soy) Soy

Crab Linguini
With Chili, Parmesan, Garlic (w)(s)
Ginger & Cherry Tomatoes
£22

Chicken/Prawn Caesar Salad
Baby Gem Lettuce, Anchovies, Croutons, (w)(d)(e)(ms)
Parmesan, Poached Egg
£17/£19

SOMETHING MORE

SHEELIN COUNTRY BEEF

Hung For 21 Days For Maturity And Tenderness, All Served With Roasted Flat Cap Mushroom, Hand Cut Chips, Cherry Tomatoes, Peppercorn Sauce/ Garlic Butter Sauce(d)(w)

Fillet - £34 Ribeye - £33

Add King Prawns - £5

Jersey Beef Burger/Chicken Burger/Halloumi Burger
Burger Bun With Mayo, Gem Lettuce, Tomato Fondue, Jack Cheese And
Skinny Fries (w)(d)(e)(ms)
£18

Crispy Chicken Schnitzel
Rocket, Parmesan, Caper Butter Sauce
Skinny Fries(w)(d)(ms)(e)
£20

Traditional Fish And Chips
Beer Battered Cod, Mashed Peas, Tartare Sauce
Lemon & Chips (w)(f)(d)
£19

Fillet of Sea Bream
Mixed Vegetables, Saffron Sauce
New Potatoes (d)(f)(m)(sf)
£23

SIDES

Triple Cooked Chunky Chips
add Truffle and Parmesan £1(d)
£6
Belgian Fries
£5

Sweet Potato Fries
£6
Rocket & Parmesan Salad(m)(d)(ms)
£6

Onion Rings (w)(e)
£6

Mixed Salad (m)
£5

KIDS

Tomato Pasta (w)
£8

Chicken Nuggets & Fries (w)(d)(e)
£8

Fish & Chips (f)(w)(d)(e)
£8

DESSERT

Creme Brulee
Home made Short Bread (d)(e)(w)
£10

Churros
Ice Cream & Dip Chocolate Sauce(d)(w)(e)
£10

Gluten-Free Brownies
(gf)(V)(V)
10

Selection Of Local And French Cheeses
Palate Cleansers, Crackers, Truffle Honey(d)(w)
£15

Selection Of Jersey Ice Cream (d)
£10

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[@labastillejersey](#)
info@labastille.bar

We'd Love To Hear From You

A discretionary 10% service charge will be added to your bill.

PRICE INCREASE NOTICE: Please note, effective immediately, there will be a price increase to our menus, due to increased costs from our suppliers. We appreciate your continued support. Thank you.



KITCHEN OPENING TIMES
Mon to Sat. Sunday & Bank Holidays Closed
12:00pm - 2:15pm
6:00pm - 8:30pm