

WELCOME to LA BASTILLE

La Bastille is a Bar & Brasserie located in a stunning 17th Century building in the heart of St Helier.

With a laid-back yet spirited atmosphere it's the ultimate escape to enjoy sensational food, wine, and real beers.



LUNCH MENU

TEAM of THE WEEK

IN THE KITCHEN
Head Chef: Eddie · Sous Chef: Carlos

SERVING YOU
David · Jewel · Jamar

SPRING 2026

STARTERS

SALADS

KIDS

Crispy Squid
Sriracha Mayonnaise
Rocket Lettuce, Pomegranate (w)(s)(e)(f)
£14

Scallop & King Prawn Mixed Salad
Seared Scallops, Prawns, Mango Dressing, Cucumbers,
Tomatoes, Mixed Salad (sf)
£24

Chicken Or Prawn Caesar Salad
Baby Gem Lettuce, Anchovies, Croutons, Parmesan,
Poached Egg (w)(d)(e)(f)
(GF) Option Available
£18/£20

Tomato Or Creamy Pasta (V) (w)(d)
£10

Chicken Fingers & Fries (w)(e)
£10

Halloumi Salad (V) (GF)
Mixed Leaves, Sweetcorn, Seeds,
Pomegranate, Mango Dressing (m)(s)(d)
£13

Jerk Pork Ciabatta
Slow Roasted Jerk Pulled Pork,
Olive Bread, Cabbage Slaw, Mixed Salad (d)(w)(e)(ms)
£14

SOMETHING MORE

SHEELIN COUNTRY BEEF

Hung For 21 Days served with Roasted Flat Cap Mushroom, Hand Cut Chips, Cherry Tomatoes.
Choose 1 Sauce: Peppercorn (d)(w) / Garlic Butter (d) (GF)

Fillet - £35 · Ribeye - £34 · Sirloin - £30
Add King Prawns - £6 (sf)

Linguine Pasta

Chilli, Garlic, Parmesan, Ginger, Fresh Lime (w)(d)(sf)
Choose 1 Sauce: Creamy Alfredo (w)(d) / Tomato (w)
Choose 1: Crab (sf) / Shrimp (sf) / Mussels (sf) / Chicken
£24/ £24/ £18/ £18

Fish & Chips (f)(w)
£10

DESSERT

Selection Of Local And French Cheeses (V)
Grapes, Crackers, Honey (d)(w)
(GF) Option Available
£16

Churros
Cinnamon Sugar, Chocolate Sauce, Ice Cream (d)(w)(e)
£12

House-Baked Bread pudding (V)
Rum Sauce, Vanilla Ice-Cream (w)(d)(e)
£12

Selection Of Jersey Ice Cream (V)
Chocolate/ Strawberry/ Vanilla (d)
(Gluten Free Option Available)
£12

La Bastille Cheesecake Fix (V)
Sweet, Creamy & Unpredictable
(d)(w)(e)
£12

All dishes are created in our kitchen and use ingredients containing nuts, peanuts, gluten, fish molluscs, shellfish, milk, eggs, other dairy products celery, sesame, mustard seeds and some products that may contain sulphites.

Please make staff aware if you have any allergies or special requirements.

(V) Vegetarian, (VG) Vegan,
(GF) Gluten Free, (DF) Dairy Free.

(w) Wheat, (d) Dairy, (p) Peanuts, (sf) Shellfish, (e) Egg
(f) Fish, (n) Nuts, (c) Celery, (m) Mustard,
(se) Sesame, (sh) Sulphites, (so) Soya.

Crispy Chicken Parmesan
Rocket Salad, Mozzarella & Parmesan, Tomato Sugo,
& Belgian Fries (Tomato Pasta Optional) (w)(d)(e)(ms)
£22

Burgers: Jersey Beef/ Grilled Chicken/ Halloumi (V)
Brioche Bun, Lettuce, Tomato Fondue, Bang Bang Sauce,
Jack Cheese & Chunk Chips (w)(d)(e)(m)
£20

Traditional Fish And Chips
Beer Battered Cod, Mashed Peas, Tartare Sauce,
Lemon & Hand Cut Chips (w)(d)(e)(f)
£20

La Bastille Curry Selection
Fragrant Spices & Aromatic Rice (d)(f) (m)(sf)
Choice of: King Prawns (sf) / Chicken / Seasonal Veg (VG) (DF)
£20/ £18/ £16

SIDES

Mac & Cheese (d)(w)
£8

Onion Rings (V) (w)(e)
£7

Hand Cut Chips (V) (GF)
Add Truffle and Parmesan £1 (d)
£8

Sweet Potato Fries (V) (GF)
£7

Belgian Fries (Veg)
£6

Rocket & Parmesan Salad (V) (GF) (d)
£6

Mixed Salad (VG) (GF) (DF)
£6

FOLLOW US

@labastillejersey
info@labastille.bar
We'd Love To Hear From You

KITCHEN OPENING TIMES

Tuesday to Saturday - 12:00pm – 2:30pm
6:00pm – 8:30pm
Sundays - 12:00pm - 4:00pm
Mondays & Bank Holidays Closed

PRICE INCREASE NOTICE: Please note, effective immediately, there will be a price increase to our menus due to increased costs from our suppliers. We appreciate your continued support. Thank you.

A discretionary 10% service charge will be added to your bill.

